

BREAKFAST

8AM TILL 330PM

- 32 | ENGLISH BREAKY - Bacon, chorizo, poached eggs, tomato, mushroom ragu, hash brown, hollandaise, sourdough **GFO**
- 26 | BENNY - Sourdough, spinach, poached eggs, hollandaise - choice of bacon, mushroom or smoked salmon **GFO**
- 25 | BREAKY BURGER - Fried eggs, bacon, cheese, house tomato relish, hash brown, burger bun **GFO**
- 24 | SMASHED AVO - Smashed avocado, poached eggs, cherry tomatoes, feta, dukkah mix, beetroot hummus, sourdough **GFO VO**
- 26 | VEGAN SMASHED AVO - Smashed avo, mushroom ragu, cherry tomatoes, pan fried tofu, dukkah mix, beetroot hummus, sourdough **GFO VG**
- 28 | BAKED EGGS - Mushroom ragu, chorizo, haloumi, fried eggs, sourdough **GFO**
- 26 | POPPY SEED BAGEL - Smoked salmon, pickled onion, horseradish cream, poached egg **GFO VO**
- 26 | BRIOCHE FRENCH TOAST - Poached pear, mascarpone, pistachio crumb, honey **GFO**
- 20 | PORRIDGE - Coconut cinnamon crumble, apple compote, whipped mascarpone **GFO**
- 14 | BANANA BREAD - Caramel & cinnamon butter **GFO**
- 13 | Eggs your way on sourdough **GFO**

- 3 | Egg, sourdough, hollandaise 4 | Tomato, mushroom, mushroom ragu, spinach, hash brown
5 | GF Bread, sliced avocado 6 | Bacon, chorizo, smoked salmon, haloumi

EXTRAS

LUNCH

1130AM TILL 330PM

- 30 | STEAK SANDWICH - Steak, fried egg, bacon, bbq onion, tomato, lettuce, bbq sauce, Turkish bread, hand cut chips **GFO**
- 28 | FRIED CHICKEN BURGER - Buttermilk chicken, cos lettuce, mayo, poached egg, bacon, burger bun, hand cut chips **GFO**
- 28 | PULLED PORK BURGER - Pulled pork, fried egg, cheese, mayo, burger bun, hand cut chips **GFO**
- 22 | ROAST VEG SALAD - Pumpkin, beetroot, capsicum, caramelised onion, spinach, pine nuts, haloumi **GF V** **ADD PROTEIN** 8 | Barramundi 8 | Squid 6 | Chicken
- 22 | WARMED CHICKPEA SALAD - Zucchini, capsicum, red onion, eggplant, basil, tomatoes **GF VG** **ADD PROTEIN** 8 | Barramundi 8 | Squid 6 | Chicken
- 26 | House crumbed chicken schnitzel, hand cut chips, gravy **GF** **ADD SAUCE** 6 | Bolognese
- 22 | House dips, toasted baguette, dukkah mix, olive oil, balsamic **GFO**
- 26 | Whipped ricotta, honey, pistachios, toasted baguette **GFO**
- 10 | Warm marinated herb olives **GF VG**
- 20 | Three cheese mushroom arancini, aioli **GF V**
- 12 | Hand cut chips, aioli **GF**
- 12 | Roasted rosemary potatoes **GF**

Please notify staff of any dietary requirements GF | GFO Gluten Free or option VG | Vegan V | VO Vegetarian or option

Surcharge on all credit and debit cards, 15% public holiday surcharge

TERRA & SOL

FEELIN BRUNCH

COFFEE CHART

EXTRA SHOT \$1

4 | SMALL

Espresso, macchiato, piccolo

5 | SMALL 6 | LARGE

Long black, cappuccino, latte, flat white, mocha, hot chocolate, chai latte, iced latte, iced chai, matcha latte

7 | LARGE

Iced coffee, iced chocolate, hot biscoff

4 | MUG 6 | TEA POT

English breakfast, earl grey, peppermint, green, lemon & ginger

1 | ALTERNATIVE MILK OPTIONS | almond, soy, oat

1 | ADD SYURP | vanilla, caramel, hazelnut

DRINK CHART

13 | SMOOTHIES

Tropical, green, choc protein, vanilla biscoff, mixed berry

CHOOSE YOUR MIX | cows milk, lactose free, almond, soy, oat

9 | MILKSHAKES

Pick your flavour - Vanilla, chocolate, strawberry, caramel, lime

MAKE ME THICK \$2

10 | FRESH JUICE

Orange

Apple

Watermelon

Apple, carrot, celery

Watermelon, apple, mint

Carrot, orange, lemon

SPIKE ME \$9

TERRA & SOL

MORNING BOOZE

18 | BLOODY MARY

Tomato juice, vodka, lemon juice, worcestershire sauce, tabasco, black pepper

20 | ESPRESSO MARTINI

Charlie black coffee, vodka, kahlua, sugar

20 | TANGY

Vodka, peach liquor, strawberry, grapefruit juice, lime juice

12 | MIMOSA

Prosecco, orange or pineapple juice

15 | THREEFOLD MIMOSA

Prosecco, lemoncello, orange juice