

BREAKFAST | 8am till 330pm

- 32 | LOADED BREAKY - Bacon, chorizo, eggs your way, house hash, haloumi, hollandaise, sourdough **GFO**
- 28 | BENNY - Sourdough, spinach, poached eggs, hollandaise - choice of bacon, fried chicken, mushroom or smoked salmon **GFO**
- 28 | DIRTY BIRD - Two house hash, fried chicken, spinach, poached eggs, hollandaise **GF**
- 28 | BREAKY BURGER - Fried eggs, bacon, cheese, tomato relish, house hash, smokey bbq sauce, burger bun **GFO**
- 25 | SMASHED AVO - Avocado, poached eggs, cherry tomatoes, feta, dukkah, hummus, sourdough **GFO V**
- 25 | VEGAN BREAKY - Sweet potato and chickpea fritters, avocado, pumpkin seeds, chilli maple drizzle **GF VG 4| ADD EGG**
- 20 | COCONUT PANNA COTTA - Granola, coconut flakes, berries, apple, maple syrup **GF VG**
- 26 | FRENCH TOAST CRUMPETS - Berries, vanilla bean mascarpone, chocolate sauce, maple syrup **GFO**
- 14 | BANANA BREAD - Zesty orange cream **GFO**
- 14 | Eggs your way on sourdough **GFO**

EXTRAS

- 3 | Sourdough, hollandaise 4 | Egg, cherry tomatoes, spinach, house hash 5 | GF Bread, sliced avocado
- 6 | Bacon, chorizo, smoked salmon, haloumi

LUNCH | 1130am till 330pm

- 28 | FRIED CHICKEN BURGER - Fried chicken, asian slaw, sriracha mayo, burger bun, fries **GFO**
- 28 | DOUBLE BEEF BURGER - 2 Beef patties, cheese, caramelised onion, big mac sauce, lettuce, burger bun, fries **GFO**
- 28 | VEG BURGER - Sweet potato/chickpea patty, cheese, caramelised onion, chilli maple mayo, lettuce, burger bun, fries **GFO**
- 28 | SOL SALAD - Quinoa, cucumber, sugar snap peas, red capsicum, corn, toasted almonds - Choice of Chicken or Tofu **GF VO**
- 28 | LEMON PEPPER SQUID - asian slaw, fries, pickled mayo **GF**
- 26 | HOUSE CRUMBED CHICKEN SCHNITZEL- Gravy, fries **GF 6| ADD TOPPING** Hawaiian or Kilpatrick **GF**
- 22 | HOUSE MADE HUMMUS - Toasted chickpeas, chilli oil, toasted toscano **GFO VG**
- 28 | BURRATA - Honey, dukkah, toasted toscano **GFO V**
- 22 | ARANCINI - Three cheese mushroom arancini, aioli **GF V**
- 12 | Rosemary salted fries, aioli **GF VG**

Please notify staff of any dietary requirements

GF | GFO Gluten Free or option VG | Vegan V | VO Vegetarian or option

COFFEE CHART

EXTRA SHOT \$1

4 | SMALL

Espresso, macchiato, piccolo

5 | SMALL 6 | LARGE

Long black, cappuccino, latte, flat white, mocha

Hot chocolate, chai latte, iced latte, iced chai, matcha latte

7 | LARGE

Iced coffee, iced chocolate

1 | ADD SYURP | vanilla, caramel, hazelnut

1 | ALTERNATIVE MILK OPTIONS | almond, soy, oat

4 | MUG 6 | TEA POT

English breakfast, earl grey, peppermint, green, lemon & ginger

DRINK CHART

13 | SMOOTHIES

Tropical, green, choc protein, mixed berry

9 | MILKSHAKES

Pick your flavour - Vanilla, chocolate, strawberry, caramel, lime

MAKE ME THICK \$2

10 | FRESH JUICE

Orange - Apple - Watermelon

SPIKE ME \$9

Apple, carrot, celery - Watermelon, apple, mint - Carrot, orange, lemon

TERRA & SOL

BOTTOMLESS BRUNCH

WITH THREEFOLD

70pp | Let us choose a selection of food & drinks for you
SIT BACK & LET THE FOOD & DRINKS ROLL OUT

Our BOTTOMLESS is a great option for any group size

2HR PACKAGE 2PPL MIN

MORNING BOOZE

18 | BLOODY MARY

Tomato juice, vodka, lemon juice, worcestershire sauce, tabasco, black pepper

21 | ESPRESSO MARTINI

Vodka, cold drip coffee, sugar syrup

22 | TANGY

Vodka, peach liqueur, strawberry, grapefruit juice, lime juice

12 | MIMOSA

Prosecco, orange or pineapple juice

15 | THREEFOLD MIMOSA

Prosecco, lemoncello, orange juice

Surcharge on all credit and debit cards, 15% public holiday surcharge